

# Middle School Department

## Extracurricular Activities 2018-2019

### **SPORTS**

All 5<sup>th</sup> – 8<sup>th</sup> grade students are eligible to try out for sports. VCS competes in a coed league for both Volleyball and Basketball. Practices may be held during school hours or after school, per the coaching staff's schedule. The Cheerleading team is a year-round sport with after school practice.

### **ACSI COMPETITIONS**

We will be submitting our request to participate in several ACSI competitions including: Spelling Bee, Junior High Speech Meet, Math Olympics, Writing, and Art, and Science. Space is limited in these venues and it will be determined by the ACSI organizers as to whether or not our school will be able to participate.

- **SPELLING BEE**

The VCS Spelling Bee occurs in December. Winners of the VCS spelling bee will be taking part in the ACSI District Spelling Bee in January. Any 5<sup>th</sup>-8<sup>th</sup> graders who win the District Bee will then be eligible to compete in the Regional Spelling Bee in February. Winners of the Regional Bee are eligible to compete in the National Spelling Bee in Washington D.C. in April.

- **JUNIOR HIGH SPEECH MEET**

7<sup>th</sup> and 8<sup>th</sup> grade students are welcome to participate in the ACSI speech meet in April. Each participant will present a passage, monologue or original speech in hopes of earning a medal in his/her category.

- **WRITING AND ART**

These events are mail-in competitions and students who earn awards will be notified in writing.

- **SCIENCE**

7<sup>th</sup> grade students will complete a science fair project for the EXPO.

### **COMMUNITY SERVICE**

Mark 10:45 "For even the Son of Man came not to be served, but to serve, and to give his life as a ransom for many." VCS strives to help middle school students dedicate some of their time and talent to serve others, following the example of Jesus. Classes will participate in outreach activities throughout the year to serve our local community.

### **EXPO**

The VCS EXPO will be held on April 13, 2018. Each grade will be doing specific projects:

- 6<sup>th</sup> – *This is Me*
- 7<sup>th</sup> – *Science Fair*
- 8<sup>th</sup> – *Family History*

All projects will receive assignment grades. On the evening of the EXPO, the school will be open for families to tour each classroom.

### **FIELD TRIPS**

Attendance on field trips is required of all students. Chaperones and drivers will be needed.